



Bursa Technical University

Ortak Dersler Bölümü

SEC929		Basketball			
Semester	Course Code	Course Name	L+P	Credit	ECTS
1	SEC929	Basketball	2	3	3

Language of Instruction:

English

Course Level:

Faculty

Work Placement(s):

No

Department / Program:

Ortak Dersler Bölümü

Course Type:

Zorunlu Seçmeli

Goals:

Combine basic basketball skills with motoric features and apply the fundamentals of basketball.

Teaching Methods and Techniques:

This lesson provides defence and attack fundamental drills, game rules, position information at a basic level.

Prerequisites:

Course Coordinator:

Instructors:

İzzet KIRKAYA

Assistants:

Recommended Sources

Textbook	:	Fundamental (A.Hurşit Baytok), Basketbol'da Baskılı Savunma Felsefesi (Ali Burgul)
Resources	:	Basketbolda Kondisyon - Yard. Doç. Dr. Uğur Dündar
Documents	:	
Assignments	:	
Exams	:	

Course Category

Mathematics and Basic Sciences	:	Education	:
Engineering	:	Science	:
Engineering Design	:	Health	: 100
Social Sciences	:	Field	:

Course Content

Week	Topics	Study Materials	Materials
1	Definition of basketbol		
2	Game rules of basketball		
3	Basketball specific basic warm up and cool down exercises		
4	Stance, right-left hand dribbling and ball handling		
5	Basketball specific crossovers and cutting		
6	Crossovers wit and without ball and drop-jab steps		
7	Combine techniques which are learnt so far with different exercises		
8	Midterm Exam		
9	Left and right side lay ups		
10	Shot and shot techniques		
11	Principles of attacking technique		
12	Shifting directions and velocity		
13	Exercise of all techniques so far		
14	Final Exam		

Course Learning Outcomes

No	Learning Outcomes
C01	Learns, definition of basketball, historical development in the world and Turkey
C02	Know the features of basketball game, game rules, competition organizations
C03	Practice basketball specific warming and flexibility exercises
C04	Learns stance, dribbling and ball handling
C05	Learns crossovers with and without ball
C06	Learns ball handling drills
C07	Know the differences between player positions and their features
C08	Learn basketball specific educational games
C09	Be able to apply with and without ball techniques progressively
C10	Learn triple threat stance and be able to apply it
C11	Learns, left side and right side lay ups
C12	Learns, shot preperation, shot technique and how to use it properly
C13	Be able to apply shot after dribbling and pass
C14	Apply fundamental techniques and use it harmonically with lay ups and shots

Program Learning Outcomes

No	Learning Outcome
P01	Preparing students for social life

Assessment		
In-Term Studies	Quantity	Percentage
Mid-terms	0	%40
Quizzes	0	%0
Assignment	0	%0
Attendance	0	%0
Practice	0	%0
Project	0	%0
Final examination	0	%60
Total		100

ECTS Allocated Based on Student Workload			
Activities	Quantity	Duration	Total Work Load
Course Duration	14	2	28
Hours for off-the-c.r.stud	10	1	10
Assignments	0	0	0
Presentation	0	0	0
Mid-terms	1	1	1
Practice	20	1	20
Laboratory	0	0	0
Project	0	0	0
Final examination	18	1	18
Study period for mid-term exams	1	1	1
Study period for final exams	12	1	12
Total Work Load			90
ECTS Credit of the Course			3

Course Contribution To Program	
Contribution: 1: Very Slight 2:Slight 3:Moderate 4:Significant 5:Very Significant	

	P01
All	2